

Aaron John Plattner, MD

Employment

Network180, 9/2021-Pres

- Psychiatrist for Greenwood Clinic

Spero Psychiatric Services, PLLC, 9/21-Pres

- Owner

Pine Rest Christian Mental Health Services, 8/2011-9/2021

- Inpatient Psychiatrist Aspen Unit
- Subxone Certification
- Telepsychiatry Services to Morton Illinois, 11/14-Pres
- Medical Staff Executive Committee Member, 7/1/15-6/30/17, 6/30/19-Pres

Michigan State University College of Human Medicine, 10/2012-9/2021

- Grand Rapids Site Psychiatry Clerkship Director
- PsychSIGN Faculty Advisor
- Co-chair of the Disorders of Thought and Emotional Behavior Curriculum Development Group, 7/1/16-6/30/17

Certification

Electroconvulsive Therapy: 2/20-9/21

Transcranial Magnetic Stimulation Therapy: 2/18/14-9/21

American Board of Psychiatry and Neurology Certified Psychiatrist: 9/11-12/21

Education

Post Graduate Residency, Rush University Medical Center, Chicago IL

Psychiatry, 7/07-6/11

- Chief Resident: 7/10-6/11
- Moonlight at John H. Stroger, Jr. Hospital of Cook County Emergency Department: 1/10-6/11

M.D., Wayne State University School of Medicine, Detroit, Michigan

August 2003-June 2007

B.S., Kansas State University, Manhattan, Kansas

September 1999-May 2003

Major: Nutritional Sciences

Publications

Plattner A, Dantz B. Tricyclic Antidepressants: An Underutilized Treatment? Part 1. Psychopharm Review. 2011; 46(2):9-16.

Plattner A, Dantz B. Tricyclic Antidepressants: An Underutilized Treatment? Part 2. Psychopharm Review. 2011; 46(3):17-24.

Plattner A, Dantz B. The Tricyclics: More than Just Antidepressants. Psychiatr Ann. 2011 March; 41(3):158-165.

Committee Member

Michigan State College of Human Medicine Medical Student Education Committee: 2012-2021

Michigan State College of Human Medicine Advisory Council: 2012-2014

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Presentations

Tuinstra D, **Plattner A.** Marijuana and Psychiatric Conditions. (2020). HBS Presentation

Plattner A. Marijuana and Mental Health Implications. (2019). Pearls for Primary Care Series.

Zimmer M, **Plattner A.** Analysis of Medical Student Performance on Simulated Psychiatric Patients: Exploring the Intersection of Mental Health and Medicine. (2018). ADEMSEP Conference

Grove M, **Plattner A.** Death by Suicide in a Case of ECT Resistant Depression. (2018). Michigan Psychiatric Society Conference.

Plattner A. Spiritual Depression (2017). Grand Rapids Christian Medical and Dental Association.

Plattner A. A Christian's Response to Grief (2017). Pine Rest Christian Mental Health Services Christian Integration Meeting.

Plattner A. Bipolar I Disorder, Mania (2016). Grand Rapids Family Medicine Residency Program.

Plattner A. What Patients Need After Mental Health Hospitalizations (2016). Pine Rest Christian Mental Health Services Pearls for Primary Care.

Plattner A. Sabbath Rest (2016). Pine Rest Christian Mental Health Services Christian Integration Meeting.

Plattner A, Doyle R. Schizophrenia and the other Drinking Problem (2016). Pine Rest Christian Mental Health Services Clinical Case Review Series.

Plattner A, Senay A. Opiates and Suboxone (2016). Pine Rest Christian Mental Health Services Clinical Case Review Series.

Plattner A. Psychosis: A-Zed (2015). Grand Rapids Family Medicine Residency Program.

Plattner A. Physician Burn Out (2015). Grand Rapids Christian Medical and Dental Association.

Plattner A, Mulder JA, Ecklesdafer, D. (2014) The Stimulating Truth of Transcranial Magnetic Stimulation. Pine Rest Christian Mental Health Services Clinical Case Review Series.

Plattner A. (2013) Management of Clozapine Induced Fever. Pine Rest Christian Mental Health Services Clinical Case Review Series.

Plattner A. (2013) To Draw or not to Draw that is the question: Appropriate Lab Testing. Pine Rest Christian Mental Health Services Clinical Case Review Series

Plattner A. (2012) Schizophrenia. Fox 17 Medical Moment.

Plattner A. (2012) Transitioning from Residency to Being an Attending Psychiatrist. Rush University Medical Center Department of Psychiatry Residency Retreat.

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Plattner A. (2011) Traumatic Brain Injury. Pine Rest Christian Mental Health Services Clinical Case Review Series.

Plattner A, Yousif R, and Armstrong N. (2011) Dealing With Sexually Inappropriate Patients. Pine Rest Christian Mental Health Services Review Series Schwartz Rounds.

Plattner A. (2011) Exploring Pain and Suffering with Lewis and Freud. Rush University Medical Center Department of Psychiatry Grand Rounds.

Plattner A. (2011) Psychiatry 101. Loyola University Chicago School of Law Health Law Society Mental Health Week.

Plattner A. (2010) TCAs: An Underutilized Treatment Option? Rush University Medical Center Department of Psychiatry Grand Rounds.

Reviews

I have reviewed over 50 text books for Doody Review Services, a list available upon request.

Membership

- American Psychiatric Association: 7/2007-Present
- Christian Medical and Dental Association: 6/2009-Present
- Association of Directors of Medical Student Education in Psychiatry: 1/13-1/21